

Holiday Recipes

After Dinner Iced Latte

Ingredients:

1 Ready-to-Serve Vanilla or Cappuccino Drink, Chilled
6-8 oz. Decaf Coffee, Chilled
Sugar-Free Peppermint Flavored Syrup or Extract (*optional*)
Ice

Directions:

Mix chilled coffee and Ideal Protein Ready-to-Serve drink in a glass with ice. Add a splash of sugar free syrup or extract if desired, stir and enjoy!