



Cranberry Relish

Ingredients:

- 1 cup water
- 1 cup fresh whole cranberries
- 4 celery sticks chopped
- 1 cup chives chopped
- 1 cup chopped zucchini
- 6 mint leaves
- 1 tsp orange zest
- 1 IP raspberry jelly packet
- 3 tsp Walden Farms Raspberry Jelly
- 1 tsp xylitol

Directions:

Boil the cranberries in the 1 cup of water for about 5 min. Pour the water off into a cup should be about 5 oz. of liquid and still warm. Put the IP raspberry jelly packet into it and mix well. Pour into a bowl and put in the icebox to setup.

Chop together cranberries, celery, chives, zucchini, mint leaves and orange zest chop in a food processor or by hand. Mix in with Xylitol and Walden Farms Raspberry Jelly into the jelly mix cooling in the icebox add the cranberries and the vegetables and mix together. Let cool in bowl and then serve with celery sticks or flax seed crackers.