



Air Fried Lemon Pepper Cod

Ingredients:

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| 1 packet of IP Potato Purée | 1/2 tsp salt |
| 8 oz of thawed cod | 1/2 tsp pepper |
| 1 tbsp of sugar free lemon
pepper spice blend | |

Directions:

Blend your tbsp of sugar-free lemon pepper spice with salt, pepper, and one package of IP potato purée.

Cut cod into 1 inch pieces. Dip cod pieces into water and then gently toss into your spiced potato purée. Place evenly into the air fryer and cook for 12 minutes on your fish setting.

Enjoy on a potato pancake wrap, jicama wrap or lettuce wrap.

Recipe created by Dea Marie of Dea's Recipes.