



Asian Meatballs

Ingredients:

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| 6.5 oz of lean ground beef | 1/2 tsp fresh ground pepper |
| 1 large egg | 1/4 cup of fine diced green onion |
| 2 tbsp of IP oriental sesame sauce | 1/4 cup of shredded cabbage |
| 1 large garlic clove minced | |
| 1-2 tbsp of Braggs liquid aminos | |

Directions:

Combine all ingredients, mix well. Shape into 1 inch balls and place on a parchment paper lined baking sheet .
Bake for 20-25 min at 400 degrees.

Recipe created by Dea Marie of Dea's Recipes.