



Crepes

Ingredients:

1 packet IP Vanilla Pudding Mix	2 oz milk
1 packet IP Pancake Mix (replaces 1 pancake plain)	3 oz water
2 large eggs	2 tsp granular sugar-free sweetener
	Pinch of salt

Directions:

In a blender combine eggs, water, milk, salt, sweetener, pancake and pudding.

Blend until batter is smooth. Heat an 8-10 inch skillet over medium low heat. Add 1 ounce of batter and quickly tilt the pan to form an even coating on bottom of pan. Cook for 1 minute and with a heat resistant spatula, loosen sides and flip. Cook for an additional minute. Keep repeating until batter is done.

Recipe created by Dea Marie of Dea's Recipes.