



Rotini Pasta Salad

Ingredients:

1 packet of IP Rotini

1 slice of tomato chopped

2 cups of zucchini chopped

1/4 cup of chopped cucumber

Mixed greens

Approved dressing of choice

Directions:

Fill pan with water and bring to a boil. Add rotini and chopped zucchini to water and season with sea salt and garlic or any other seasonings you like. Boil for approximately 6-8 minutes until desired texture. Use colander to remove water and set aside to cool. After pasta and veggies are cooled, toss with mixed greens, cucumber, and tomato. Top with your favorite approved dressing!