



# Taco Seasoning

## Ingredients:

- |                           |                          |
|---------------------------|--------------------------|
| 1 tsp of chili powder     | 1/4 tsp of dried oregano |
| 1/4 tsp of garlic powder  | 1/2 tsp of paprika       |
| 1/4 tsp of onion powder   | 2 tsp of cumin           |
| 1/4 tsp of cayenne pepper |                          |

## Directions:

Mix all seasonings well. This blend will season 8 ounces of extra lean ground beef, turkey or pork. For turkey add 1 teaspoon of poultry seasoning to the spice blend.

*Recipe created by Dea Marie of Dea's Recipes.*