



Zucchini Rotini

Ingredients:

1 package of IP Rotini

Splash of olive oil

2 cups chopped zucchini

1 clove minced garlic

1/4 cup low carb spaghetti sauce

Sea salt as needed

Directions:

Boil rotini for 12 minutes or until done to your preference. While the rotini is boiling, heat a saute pan and a dash of olive oil. Saute zucchini and garlic until tender. Drain pasta and add to pan with zucchini. Dump sauce on and heat for a minute. Enjoy!