

IDEAL PROTEIN

P O W E R I N G *l i f e* P O S S I B L E

Enjoy Ideal Protein POWER balls!

What's your FAVE?

Mix ingredients. Freeze. Enjoy!

Chocolate Mug Cake with 2 tbs water. (double batch)

Cappuccino Dink Mix, espresso 1/2 tsp, 1/4 tsp almond extract. 1/3 packet *Crispy Cereal*.

Vanilla Pudding Mix, Tangerine Water Enhancer with 3 tbs water. (double batch)

Dark Chocolate Pudding Mix with 3 tbs water, cayenne pepper, 1/5 packet of *Crispy Cereal* mix. Sprinkle salt on top.

Pumpkin Spice Latte packet, 2 tbs water.

Chocolate Pudding Mix, 1/6 packet of crushed *Chocolate Soy Puffs* and 3 tbs water.

Vanilla Pudding Mix, Lemon Water Enhancer and 3 tbs water.

MAKE YOUR OWN POWER BALL CREATION AND SHARE WITH US!